

LIVING IN THE BLISS OF COSMIC MUSIC

Erika G. Monteith

ABSTRACT:

During my presentation, I will demonstrate on the piano the wonders of Cosmic Music and the awesome physical, mental, and spiritual connections which are possible through its beautiful vibrations and their ability to resolve disharmony into harmony. I am on a constant mission to expand my consciousness to the highest levels of Cosmic Awareness by learning about and understanding all that is referred to as 'The Unknown'. My principle goal is to inspire, stimulate and activate people of all ages, and especially senior citizens, to begin doing something for themselves, other than wasting away, by restoring, healing and revitalizing their spiritual, mental, and physical health; learning about and meditating upon the beauty and wonder of our awesome Cosmos and sharing these gifts with each other. There is no philosophy more wonderful for me and my soulmate than the sharing of the bliss of Cosmic Love and Oneness through the language of the Harmonious Musical and Geometrical Octave.

Growing up in Germany as a war child is an experience that only a few survivors have lived to tell about. I feel very fortunate to have had this rare opportunity to evolve to a high level of conscious awareness and understanding of life in general and of the many things that have come my way in particular.

My mother was able to find a teacher who would come on his bike to our house to begin teaching me. I was so excited that I would wait all day for the bike to come around the corner. There was no school anymore at that time due to the bombing and constant air-raids. My happiness lasted only five months and one day, while waiting all day at the window, Professor Treiber did not come. It turned out that he had been killed during an air-raid. I thought that my world was coming to an end especially since he had told my mother that I was very gifted and had the ability to become a fine pianist.

I had to wait until the fall of 1945 before we found a lady in another town that was able to teach me. I had to walk two and one-half miles one way through a wooded area and, most of the time, I ran all the way. It turned out that she was not a good teacher and the search started again. This time I had to take the train for almost two hours to another city plus complete the journey with a considerable walk. Meeting my teacher for piano lessons each day, plus attending school at which my mother was the principle, made great demands upon me but I felt that I was in heaven. My piano teacher, Mr. Fritz Taubenberger put all of his energy into my eagerness to learn; consequently, at the age of 15, I was admitted to the Conservatory in Heidelberg plus school. At this time Germany was still recovering from the war and only those students who had proven talent, and were willing to work hard, were admitted.

I studied with Madame Anneliese Boetcher for two years but my goal was to be admitted to the master class of Professor Steinkrueger; this I accomplished in two years. At the age of 19 I

received the equivalent of a Bachelor's degree in Europe and was chosen to go to America as an exchange student. Unfortunately, I made a terrible mistake and got married; this ended my studies for awhile. I had five children but I never lost touch with my music because I played the piano and organ in churches, and taught music in Europe and America.

I studied for a while with Professor Antonio Prikko, who was at that time the Symphony Director in Denver, Colorado. I met Madame Derre from Paris who wanted me to teach at her summer school in Nice, France. Also, during this time, I made it a point to look into the chord system on my own and study some improvisation for use in teaching and understanding. Unfortunately, many who deal absolutely in classical music do not like this at all; nevertheless, I wanted to create a new way of teaching with no musical restrictions or age limits. After some sickness and a long wait, I was able to continue my study in Germany and finally received my Master's Degree at the age of 38 in Piano and Music Pedagogy.

My next interest was to work with disabled children and adults. At this time, music-therapy was in its beginning stages; consequently, I contributed to its development in Germany. After receiving a few rewards for my work in music-therapy, I was asked to help form a Big-Band for young musicians; this turned out to be quite successful. I started singing blues and jazz in Europe but I never forgot my classical background. Throughout all of these exciting learning times, I developed my own teaching methods and music theory while gradually discovering the healing wonders of music by using the cellular magnetic effects of sound vibration.

Since I am not a Scientist, just an Artist, I found a great fascination in experiencing these fields in a different manner. Then in 1999, being over sixty years of age, I was fortunate to meet my soulmate, Dr. Henry Monteith. When this happened, a whole new world opened up for me and I found myself beginning the most exciting and rewarding journey of my life. Our first book, *Soulmate Cosmological Action*, in which we are beginning to unify the physical and spiritual sciences by marrying geometrical mathematics and music to signify the Oneness of all things, has now become a reality. Now I have started exploring the reactions of our body's cells to music and many other related topics. My love of learning and joy of exploration will continue forever!

THEMES OF OUR PRESENTATION :

How to experience the power of nature and the universe !

My program consists of 10 basic themes :

1. There is no A G E- limit !
2. Mind and Matter Spiritual and Physical
3. Yesterday - Today - Tomorrow
4. Know yourself (to heal and be happy)
5. Duality to realize good and bad , to many to name
6. Basic vibration -results and action -reaction
7. Activate Memory connections
8. Chaos - creativity - harmony
- 9 .Cosmic help with the universe
- 10.Living Cell reaction to magnetic sound vibrations

In my first presentation I will combine these themes in a united pattern(some of the themes could be combined or in a single form),explaining the connections between our daily life and what we can do to enhance our well being on a daily basis .

I will also demonstrate on the piano sound with patterns of harmony and disharmony, how we can balance these matters into useful combinations to help our understanding of these complex matters.

At the end of our lectures I am going to improvise on the piano the impressions and vibrations with which I am inspired by your presents and the Cosmic Essence at this moment to give thanks to our awesomely beautiful Universe .

Sincerely,

Erika Monteith